

## Careers Lessons at Castle Donington College

Year 7	Year 8	Year 9	Year 10	Year 11
<p><b>The Best of Me</b> A unit where pupils think about their own skills and talents and how these might be useful in a future career.</p>	<p><b>My Careers Journey</b> In this first unit of the year, Year 8 will consider the journey that their studies and careers might take them on and give them some idea of the options available to them.</p>	<p><b>Researching my Future</b> This unit will allow Year 9 pupils to investigate possible careers before they start their options process. They will have access to a range of ICT tools to be able to do this.</p>	<p><b>Talk Smarter</b> The first unit of Year 10 will look at the work experience period and how to communicate with businesses to get work experience opportunities with them.</p>	<p><b>Choosing a Post-16 Pathway</b> Following on from the Year 10 lessons, pupils now look at the pathways that are available to them when they leave the College. There is a Post-16 Options Evening to compliment this work.</p>
<p><b>Careers and Curriculum</b> In this unit, pupils will look at all the different lessons that they do at the College and think about the careers that might link with those subjects.</p>	<p><b>The Labour Market</b> This unit will introduce pupils to the range of careers available in the East Midlands and what the future holds for careers in the local area.</p>	<p><b>Informing my Options</b> In this unit, pupils will start looking at how their option choices might lead to a range of careers and what will be important to think about when choosing them.</p>	<p><b>Marketing Me</b> In this unit, Year 10 will look at how to create a CV and a covering letter so that they are ready to market themselves to potential employers.</p>	<p><b>Preparing Applications</b> This short unit looks at how to write an application for a College, Sixth Form or Apprenticeship in preparation for the post-16 options process.</p>
<p><b>Teamwork</b> This unit will give pupils an insight into employability skills, focusing on the importance of teamwork and leadership.</p>	<p><b>Positive Me</b> This unit looks at mental health and job satisfaction as part of a career and the importance of these for their future lives.</p>	<p><b>Choosing my Options</b> This unit introduces the options process to Year 9 students and how they can make the best decision for them.</p>	<p><b>Interviews</b> This unit builds up to a mock interview, given by local businesses and teaches pupils about good interview technique.</p>	<p><b>Interview Ready</b> This recap of the work done in Year 10 gets pupils ready for College and Sixth Form interviews, ensuring they are fully prepared.</p>
<p><b>Enterprise</b> In the final unit of the year, Year 7 will look at the concept of starting their own business and the advantages and disadvantages of being an entrepreneur.</p>	<p><b>Talk Smart</b> Continuing their work on employability skills, Year 8 will look at the importance of good communication in the workplace.</p>	<p><b>Study Smart</b> This unit helps Year 9 to think about the transition from Key Stage 3 to Key Stage 4 and how their study methods might develop.</p>	<p><b>Post-16 Options</b> This unit, before the end of the year, introduces pupils to their Post-16 Options and encourages them to start thinking about their studies after leaving the College.</p>	<p><b>Study Smart</b> This final unit aims to give pupils to key revision tools that they are going to need going into their GCSE exams and for improving their studies when they move onto their next step in their education.</p>
	<p><b>STEM Skills</b> Finally in this year group, pupils will look at careers that involve Science, Technology, Engineering and Maths.</p>	<p><b>Resilience</b> Continuing the focus on employability skills, pupils in Year 9 will look at the importance of resilience in business and how to develop it.</p>		