

KS3 Personal Social Health Economic Education Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Themes and content	Themes and content	Themes and content	Themes and content	Themes and content	Themes and content
Year 7	<p>Diversity and Prejudice; Mental Health; Healthy and Unhealthy Relationships Exploring self, personality, sexuality and feelings about self and others</p>	<p>Healthy and Unhealthy Relationships; Sexual Health; Risk management Puberty, periods, families, friendships, rivalries, sex, sex and the law, safer sex</p>	<p>Diversity; Healthy and Unhealthy Relationships; Emotional Well-Being Exploring sexuality; sexual rights and responsibilities; attitudes to sex; emotional well-being and decision making</p>	<p>Anti-bullying; Media Influence; healthy and Unhealthy Online Relationships Dealing with bullies; cyber bullying; online safety; protecting online identity</p>	<p>Money; Personal Safety and Risk Management; Diversity and Prejudice; Careers and Aspirations Managing money; first aid; Speaking and listening; being a good neighbour; careers education</p>	<p>Physical Health; Money Smoking and vaping; drugs; healthy eating; weight; exercise and sleep; summer fair entrepreneurial skills</p>
Year 8	<p>Mental Health and Emotional Well-Being Adulthood; problems with parents; responsibility; managing relationships and rejection; dealing with anger, jealousy, fear, stress;</p>	<p>Diversity and Prejudice; Physical Health Stereotyping and prejudice - disability, age; rule of law; Immunisation; allergies; tattoos and piercings; body care; staying healthy</p>	<p>Personal risk management and safety; Physical Health; Money Alcohol; recreational drugs; drug safety; mobile phone safety, you and the bank, saving and borrowing</p>	<p>Careers and Aspirations; Diversity and Prejudice; Careers and Aspirations Qualifications; Democracy and voting; Human rights; Pressure groups; local business case study - EMA; Xello skills and qualities</p>	<p>Healthy and Unhealthy Relationships; Sexual Health Managing relationships and rejection; sexual consent; sexual experiences</p>	<p>Sexual Health; Personal Risk Management and Safety; Physical Health; Media Influence STIs; clinics; child abuse; sexting and grooming</p>
Year 9	<p>Diversity and Prejudice; Mental Health and Emotional Well-Being Racism in education, work, society; well-being; mindfulness; mental illness; anxiety</p>	<p>Mental Health and Emotional Well-Being; Careers and aspirations; Personal Safety and Risk Management Depression; choosing a career; labour market update; skills show visit; challenging stereotypes; roles within organisations; choosing options at GCSE; safety at parties</p>	<p>Money; Sexual Health; Healthy and Unhealthy Relationships Pregnancy; partnerships; relationships; gender and sexuality; LGBT+ rights; women’s rights; on-line literacy</p>	<p>Media Influence; Money Online reputation; social media and body image; fake news; consumer rights; financial choices</p>	<p>Personal Safety and Risk Management; Healthy and Unhealthy Relationships Financial risks (gambling); self-esteem and confidence; eating disorders; forced marriage and FGM; radicalisation; young people and crime</p>	<p>Personal Safety and Risk Management; Physical Health; Friendships and Anti-Bullying Heroin and cocaine; climate change; poverty; solving problems – advice to new Y7s</p>